

## Placebo and Nocebo Publications March 2024

1. Bisio, A., Panasci, M., Ferrando, V., Albergoni, A., Ruggeri, P., & Faelli, E. (2024). Warm-up plus verbal communications administered as placebo procedure during the training session improves running performance. *Psychol Sport Exerc*, 102633. doi:10.1016/j.psychsport.2024.102633  
<https://www.ncbi.nlm.nih.gov/pubmed/38548005>
2. Caliskan, E. B., Bingel, U., & Kunkel, A. (2024). Translating knowledge on placebo and nocebo effects into clinical practice. *Pain Rep*, 9(2), e1142. doi:10.1097/PR9.0000000000001142  
<https://www.ncbi.nlm.nih.gov/pubmed/38533458>
3. Fassi, L., Hochman, S., Daskalakis, Z. J., Blumberger, D. M., & Cohen Kadosh, R. (2024). The importance of individual beliefs in assessing treatment efficacy. *Elife*, 12. doi:10.7554/eLife.88889  
<https://www.ncbi.nlm.nih.gov/pubmed/38547008>
4. Hardman, D. (2024). A Fictionalist Account of Open-Label Placebo. *J Med Philos.* doi:10.1093/jmp/jhae008  
<https://www.ncbi.nlm.nih.gov/pubmed/38530636>
5. Horan, W. P., Sachs, G., Velligan, D. I., Davis, M., Keefe, R. S. E., Khin, N. A., Butlen-Ducuing, F. & Harvey, P. D. (2024). Current and Emerging Technologies to Address the Placebo Response Challenge in CNS Clinical Trials: Promise, Pitfalls, and Pathways Forward. *Innov Clin Neurosci*, 21(1-3), 19-30.  
<https://www.ncbi.nlm.nih.gov/pubmed/38495609>
6. Jeong, S. Y., Lee, Y. S., Park, J. Y., Park, J. H., Park, H. J., & Kim, S. Y. (2024). Designing a Placebo Microneedle Stamp: Modeling and Validation in a Clinical Control Trial. *Pharmaceutics*, 16(3). doi:10.3390/pharmaceutics16030395  
<https://www.ncbi.nlm.nih.gov/pubmed/38543289>
7. Lackner, J. M., Quigley, B. M., Zilcha-Mano, S., Radziwon, C., Krasner, S. S., Gudleski, G. D., & Enck, P. (2024). Factors That Predict Magnitude, Timing, and Persistence of Placebo-Like Response in Patients With Irritable Bowel Syndrome. *Gastro Hep Adv*, 3(2), 221-229. doi:10.1016/j.gastha.2023.10.003  
<https://www.ncbi.nlm.nih.gov/pubmed/38456188>

8. Matsingos, A., Wilhelm, M., Noor, L., Yildiz, C., Rief, W., Hofmann, S. G., Falkenberg, I., & Kircher, T. (2024). Hype or hope? High placebo response in major depression treatment with ketamine and esketamine: a systematic review and meta-analysis. *Front Psychiatry*, 15, 1346697. doi:10.3389/fpsy.2024.1346697  
<https://www.ncbi.nlm.nih.gov/pubmed/38525254>
9. Rees, M. (2024). The Social Epistemology of Clinical Placebos. *J Med Philos.* doi:10.1093/jmp/jhae010  
<https://www.ncbi.nlm.nih.gov/pubmed/38531824>
10. Rosenkjaer, S., Hvingelby, V. S., Johnsen, E. L., Moller, M., Carlino, E., Jensen, T. S., & Vase, L. (2024). Effects of deep brain stimulation and verbal suggestions on pain in Parkinson's disease. *Scand J Pain*, 24(1). doi:10.1515/sjpain-2023-0126  
<https://www.ncbi.nlm.nih.gov/pubmed/38485660>
11. Schaefer, M., & Enge, S. (2024). Open-label placebos enhance test performance and reduce anxiety in learner drivers: a randomized controlled trial. *Sci Rep*, 14(1), 6684. doi:10.1038/s41598-024-56600-6  
<https://www.ncbi.nlm.nih.gov/pubmed/38509101>
12. Schienle, A., Kogler, W., Seibel, A., & Wabnegger, A. (2024). The pill you don't have to take that is still effective: neural correlates of imaginary placebo intake for regulating disgust. *Soc Cogn Affect Neurosci*, 19(1). doi:10.1093/scan/nsae021  
<https://www.ncbi.nlm.nih.gov/pubmed/38450743>
13. Yang, H. J., Yang, J. H., Jung, S. C., Choi, C., & Bum, C. H. (2024). Effects of golf instructors' professional certification levels on amateur golfers' perception of instructor expertise, instructor credibility, and lesson participation intention: testing placebo and nocebo effects. *Front Psychol*, 15, 1361470. doi:10.3389/fpsyg.2024.1361470  
<https://www.ncbi.nlm.nih.gov/pubmed/38533223>

### Placebo in the media

1. Andrew Huberman (2024, March 4th). How Placebo Effects Work to Change Our Biology & Psychology. YouTube.  
<https://www.youtube.com/watch?v=gdUNjPijwA8>
2. Andrew Huberman (2022, Jan 24). Dr. Alia Crum: Science of Mindsets for Health & Performance | Huberman Lab Podcast #56. YouTube.  
[https://www.youtube.com/watch?v=dFR\\_wFN23ZY](https://www.youtube.com/watch?v=dFR_wFN23ZY)

